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HC

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Training 13, Revised for HC)

FISHING A REALIZATION

(For use in Hubbard Consultant Stress Analysis)

NUMBER: Training 13 HC

NAME: Fishing a Realization

COMMANDS: This is a general understanding, answering the student or trainee's origin exercise, for use in Stress Analysis. When the student experiences a pain or feeling, when he sighs, when he gives a reaction to a Stress Analysis question, the Hubbard Consultant makes sure that his question gets fully answered, acknowledges the student, and then pausing the Stress Analysis subject either asks the student, "How are you doing now?" "What is going on?" or "What's happening?", and finds out what happened to the student just as though the Hubbard Consultant has not noticed that the student had a reaction. The Hubbard Consultant does not point out the reaction but merely wants an answer in general. During this reply he brings the student up at least to a realization that the student has had a pain, feeling, or a reaction and then merely continues the Stress Analysis without further comment except for an acknowledgement when the question is answered. If the student has not noticed anything acknowledge and continue with handling the subject. This is done randomly and without evaluation. It is not always done every time the student experiences a reaction. Should the student become very cheerful during the fishing of a realization, and realize that he no longer has any difficulty with the subject being handled, the needle "floats" and the meter is between (2) and (3) on the 1 to 6 dial, the Hubbard Consultant should then say "That is all" and end the period. He should never speak or try to fish a realization during the time the meter is moving downwards towards (3) or (2) on the 1 to 6 dial, but waits without speaking until this movement is complete, then he may acknowledge the student or ask his next question as is necessary.

POSITION: What ever position the student and the Hubbard Consultant are in as directed by the Stress Analysis they are running.

TRAINING STRESS: Is that the fishing of a realization is an art and it can not be taught by general question, that the Hubbard Consultant must not introvert the student's attention by asking him, "How are you feeling now?", that the student must not be placed in possession of the knowledge that he can stop the Hubbard Consultant from continuing with the Stress Analysis by having a reaction or experiencing a reaction to the Stress Analysis, otherwise he will begin to experience these simply to stop the Hubbard Consultant. Thus the use of Training 13 HC is not routine and regular but is random. It should be emphasised that this can be used while running any and all Stress Analyses (but must not be done during the assessment of a list of prepared items with the aid of an E-Meter, but may be done on the completion of the assessment. If the student originates verbally during the assessment, the Hubbard Consultant should listen carefully, acknowledge only and continue with the assessment until complete). It should be emphasised that the Stress Analysis is run as

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itself and that fishing a realization is run into the Stress Analysis between cycles of question answer and acknowledgement, and question answer and acknowledgement. After a good acknowledgement one can fish for a realization thus pausing momentarily in the Stress Analysis, get things straightened out, maintain complete understanding with the student and then go on with the Stress Analysis. One does not enter fishing a realization between the question and the answer or the answer and the acknowledgement. One never reacts to what the student is doing the instant that the student does it, otherwise one educates the student to stop one. Training emphasis here is that Stress Analysis is not run on an automaton basis.

HISTORY: Developed by L. Ron Hubbard in Washington, D.C., in 1957, and revised in 1970 for use in Hubbard Consultant Stress Analysis and for Management and Personnel difficulties with subjects and equipment.

L. RON HUBBARD  
FOUNDER

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